



Triangle Dream Team Educational Luncheon Meeting
Tuesday, August 17, 2010
Embassy Suites Brier Creek
8001 Arco Corporate Drive, Raleigh, NC 27617

"Maximizing Potential and Reducing Stress"

Join us for this important topic presented by Tawan Perry, a dynamic speaker and award winning author. Stress is inevitable in your professional and personal life and can negatively affect your performance, relationships, and health. The simple truth is, most people do not know how to successfully deal with stress, and most stress management methods provide little or no lasting relief.

In this interactive program, you will learn:

- How to remain calm no matter what's happening in your world
• How to manage the big three: Challenge, Choice, and Change
• How to use stressful situations in order to maximize your performance
• Classic time management techniques that will restore balance in your life

Schedule

11:15 am – 11:30 am – Registration
11:30 am – 12:00 pm – Welcome and Lunch
12:00 pm – 1:00 pm – Presentation
1:00 pm – Announcements and Closing Remarks

REGISTRATION

Name Title
Company
Address
City/State/Zip
Phone Fax
Email MPI Member #
Dietary Restrictions (Vegetarian, Allergies, Etc.):

Table with 3 columns: FEE, By 8/10/10, After 8/10/10. Rows for MPI-CC Member and Non-member.

METHODS OF PAYMENT – Credit Card, Cash or checks made out to MPI-CC. If paying with a check, a credit card number is required in order to confirm your registration. Checks must be mailed to the office prior to the meeting or delivered to the registration staff at the meeting. If the check is not received, then the credit card will be charged. Register with Affinity Plus by Fax 704-333-6927 or online at www.mpi-cc.org. Mail checks to MPI-CC, 1800 Camden Rd, Ste 107 #213, Charlotte, NC 28203.

Check MasterCard Visa AMEX Amount Enclosed \$
Credit Card # Exp Date
Name on Card
Billing Address
Signature

Registrations received after 8/10/10 will incur the higher registration fee as indicated above. Registrations may be canceled without penalty until 8/10/10. Cancellations received after that date and "no shows" will be billed. Onsite registrations will be accepted but limited based on space and catering limitations.